



## Adult Learn to Row May 2022

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Dates: \_\_\_ Monday's at 6pm May 2nd-May 23rd or  
\_\_\_ Tuesday's at 10:30 am starting May 3rd-May 24th

**Class size of 4 participants are needed**

**Fee: 4 weeks. \$140**

### **Declaration of Health**

I confirm that I do not suffer from any known medical or physical condition that might affect me during physical exercise. **Yes/No**

**I confirm that I can swim 100 feet in light clothing. Yes/No**

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

Sneakers,, non-disposable water bottle,  
tight fitting clothing and layers

**PAYMENT (Cash or Check) - Payable to GMS Rowing Center.**

In the event of weather or that you are running late or can't attend please contact me at 860-488-6400.

Coach Linda

Mailing Address PO Box 1647 New Milford, CT 06776  
**Boathouse 172 Grove St., New Milford, CT 06776 860-350-4004**  
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